

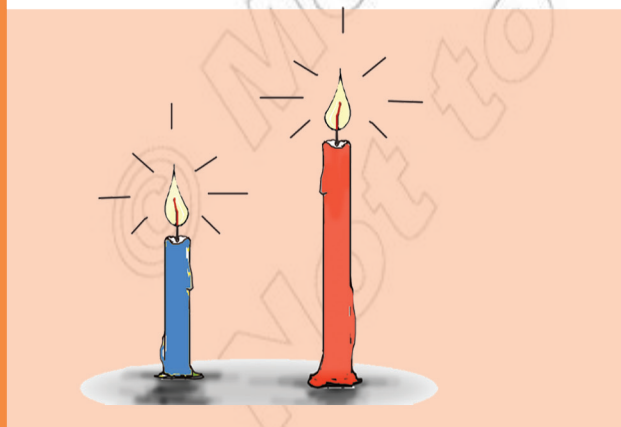
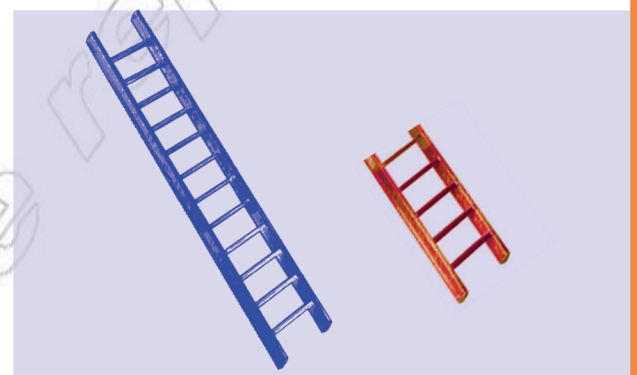
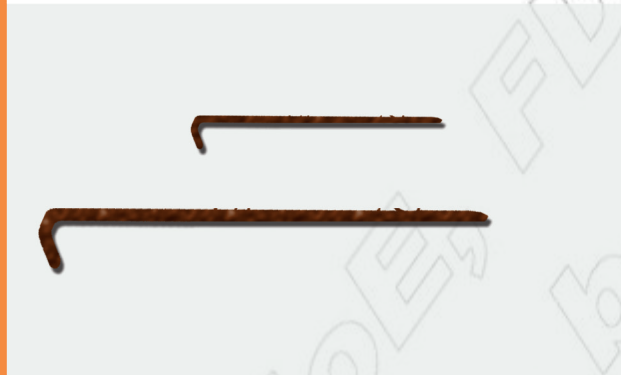
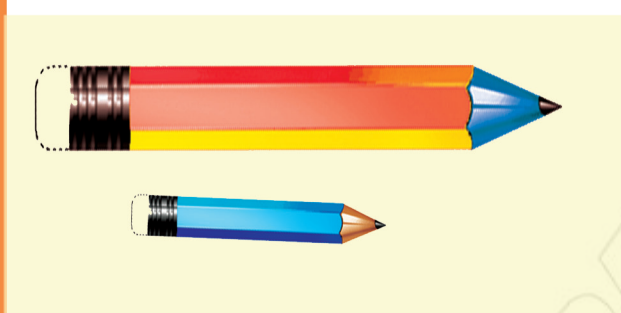
ምዕራፍ ሐመሽተ

ባህላዊ መዐቀንታት



5.1. መዐቀንታት ንውሓት

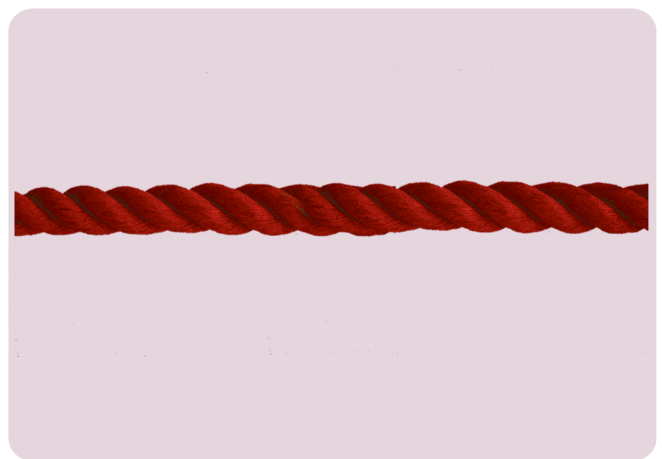
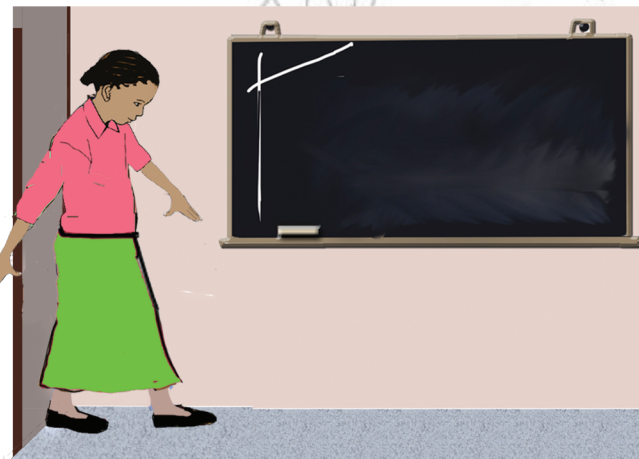
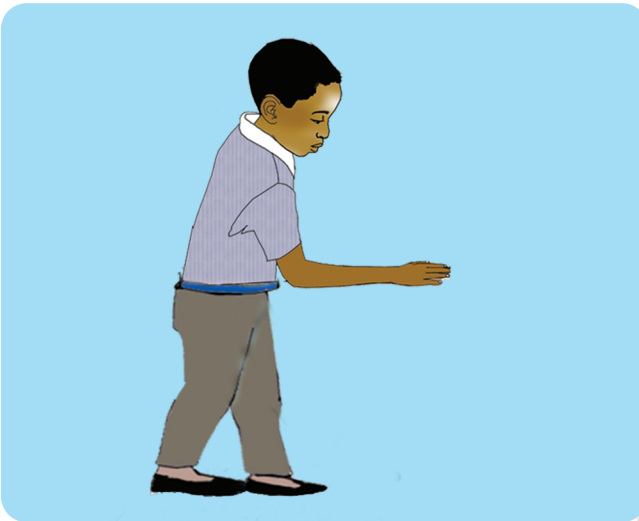
ንጥፈት 1 ነዘም ምስልታት ብምርኣይ ንውሓቶም ኣወዳድሩ።

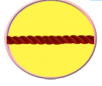




ንጥፈት 2

ኣብ ክባቢኹም ዝርከቡ ነገራት ብስጉሚ፣ ብስድሪ፣ ብእመት፣ ብጫማን፣ ብገመድን ዓቅኑ።





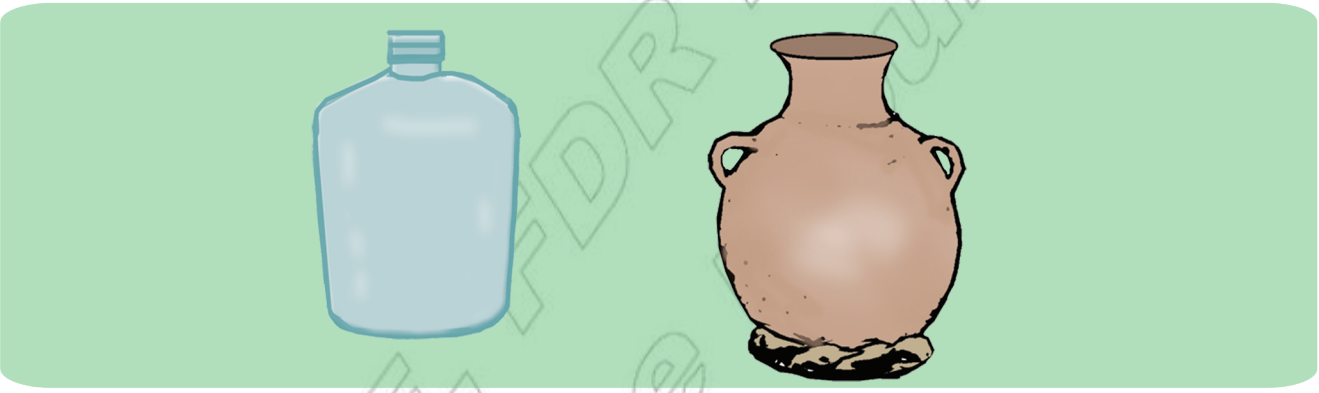
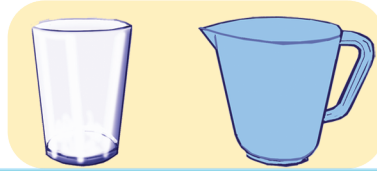
5.2. መዐቀንታት ትሕዝቶ

ንጥፈት 3 ነዘም ምስልታት ብምርኣይ ሙሉእ፣ ጉደሎን ባዶን ዝኾነ ፍለዩ።

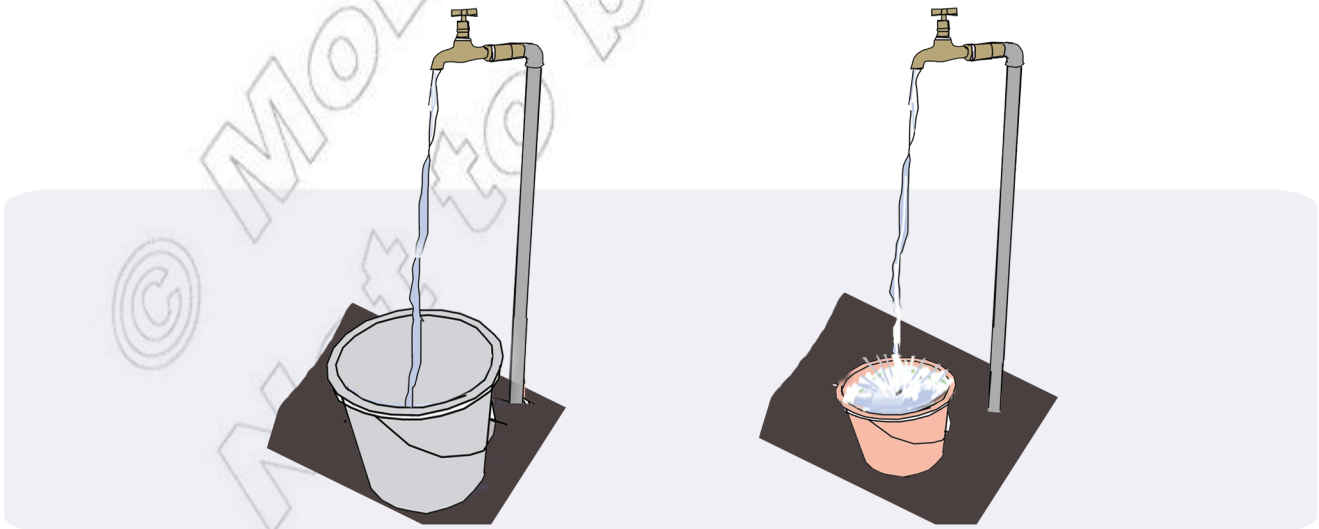




ንጥፈት 4 መዐቀኒ ጆግ ወይ ድማ ብርጭቆ ብምጥቃም ትሕዝቶኡም ኣወዳድሩ።



ንጥፈት 5 ኣየናይ ሸንኬሎ ቀዳመ ይመልኦ? ንምንታይ?





5.3 መዐቀንታት ክብደት

ንጥፈት 6 ኣየናይ ይኸብድ?



ሳንዱቕ



ሳንዱቕ



ወንበር



ጠረጴዛ



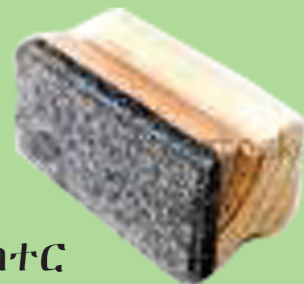
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መጻሕፍቲ



ክሩሽ

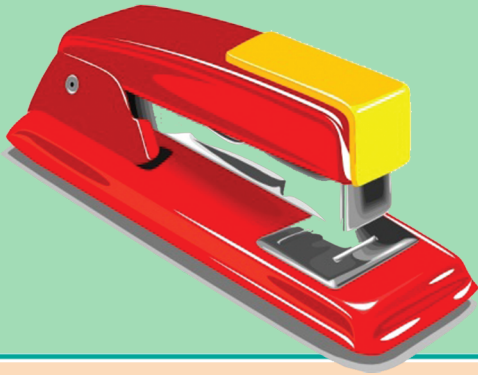


ዳስተር



ንጥራት 7 ኣየናይ ይኸብድ?

1



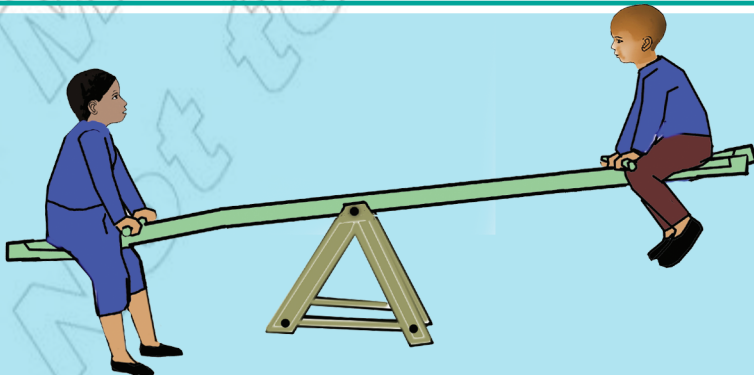
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3

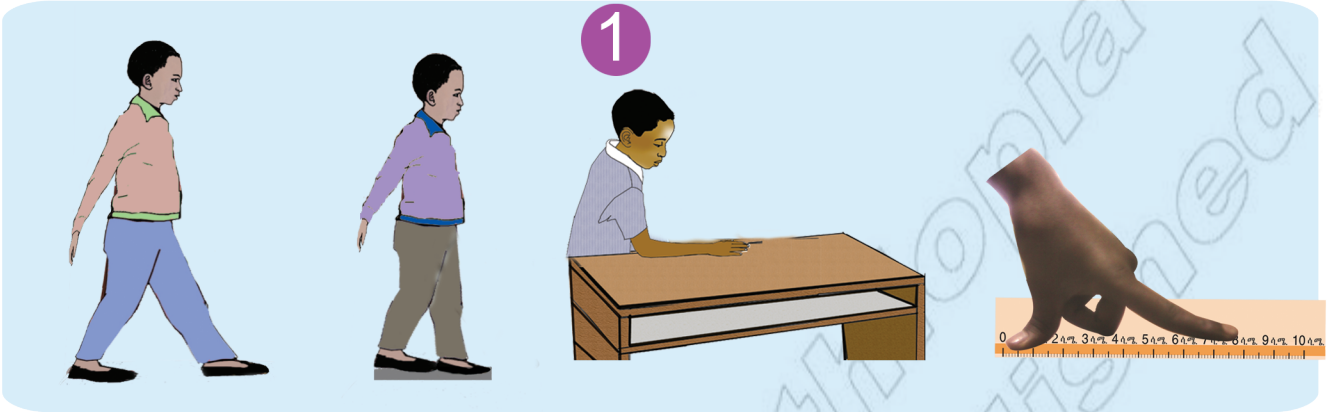


4

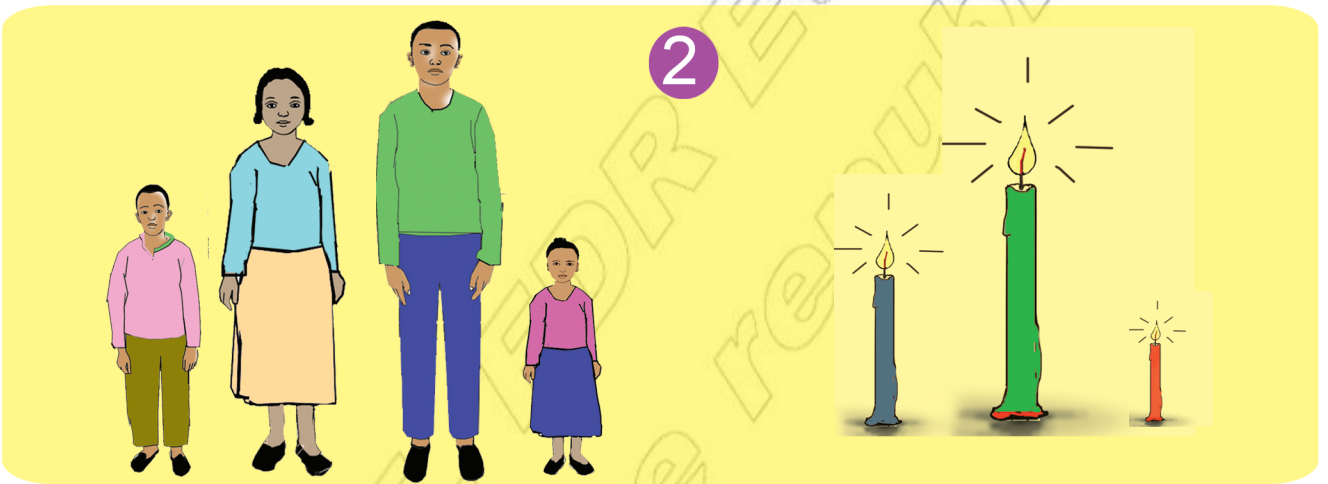




መልመዲ 1 ስም እዞም መዐቀንታት ዘርዝሩ።



መኒኦም ይነውሉ?



ሓሰን ከድጃ በርሀ ሓጎሳ

አየናይ ሸንኬሎ ብዙሕ ይሕዝ?

ከቢድ ሚዛን ዝምዘን አየናይ እዩ?

