

# Appendix 1

## Verb forms

### Regular verbs

Regular verbs have several forms, as illustrated in this table with the verb *play*.

	Example	Form name
<b>Form 1</b>	<b>A</b> <i>I want to <u>play</u> football.</i> <b>B</b> <i>I <u>play</u> football every afternoon.</i>	<b>A</b> The stem of infinitive as listed in the dictionary. <b>B</b> The first person singular in the present simple.
<b>Form 2</b>	<i>Zebida <u>plays</u> football on Saturdays.</i>	The third person singular in the present simple.
<b>Form 3</b>	<i>We <u>played</u> football yesterday.</i>	The past simple.
<b>Form 4</b>	<i>They <u>are playing</u> football now.</i>	The present continuous.
<b>Form 5</b>	<i>They <u>have</u> just <u>played</u> football.</i>	The past perfect.

#### Note:

- Forms 3 and the past participle in 5 are the same in regular verbs.
- Forms 3 and the past participle in 5 are the same in some irregular verbs.

#### For example:

Form 3 *I felt ill yesterday.* (past simple)

Form 5 *I have felt ill today as well.* (past participle)

- However, Forms 3 and the past participle in 5 are different in some irregular verbs.

#### For example:

*I went to the market yesterday.* (past simple)

*They have just gone to the market.* (past participle)

- The verb *to be* has more than five forms:

be am are is were been

A large number of commonly used verbs are irregular. Some of them are listed below.

### Irregular verbs

#### Form 1

Infinitive

(As listed in the dictionary)

awake  
bear  
become  
begin  
bend  
bite  
bleed  
blow  
break  
bring  
build  
burn

#### Form 3

Past simple

(Yesterday ...)

awoke  
bore  
became  
began  
bent  
bit  
bled  
blew  
broke  
brought  
built  
burnt, burned

#### Form 5

Past participle

(He has just ...)

awoken  
borne  
become  
begun  
bent  
bitten, bit  
bled  
blown  
broken  
brought  
built  
burnt, burned

## Appendix 1

### Form 1

*Infinitive*

burst  
buy  
catch  
choose  
come  
cost  
creep  
cut  
dig  
do  
draw  
dream  
drink  
drive  
eat  
fall  
feed  
feel  
fight  
find  
fly  
freeze  
get  
give  
go  
grind  
grow  
hang  
have  
hear  
hide  
hit  
hold  
hurt  
keep  
kneel  
know  
lay  
lead  
lean  
leap  
learn  
leave  
let  
lie (meaning to *lie down*)  
light  
lose  
make  
mean  
meet  
pay  
read

### Form 3

*Past simple*

burst  
bought  
caught  
chose  
came  
cost  
crept  
cut  
dug, digged  
did  
drew  
dreamed  
drank  
drove  
ate  
fell  
fed  
felt  
fought  
found  
flew  
froze  
got  
gave  
went  
ground  
grew  
hung, hanged  
had  
heard  
hid  
hit  
held  
hurt  
kept  
knelt  
knew  
laid  
led  
leant, leaned  
leapt, leaped  
learnt, learned  
left  
let  
lay  
lighted, lit  
lost  
made  
meant  
met  
paid  
read

### Form 5

*Past participle*

burst  
bought  
caught  
chosen  
come  
cost  
crept  
cut  
dug  
done  
drawn  
dreamt  
drunk  
driven  
eaten  
fallen  
fed  
felt  
fought  
found  
flown  
frozen  
got  
given  
gone  
ground  
grown  
hung, hanged  
had  
heard  
hidden  
hit  
held  
hurt  
kept  
knelt  
known  
laid  
led  
leant, leaned  
leap, leaped  
learnt, learned  
left  
let  
lain  
lighted, lit  
lost  
made  
meant  
met  
paid  
read

**Form 1***Infinitive*

ride  
ring  
rise  
run  
saw  
say  
see  
sell  
send  
set  
sew  
shake  
shine  
shoot  
shrink  
shut  
sing  
sink  
sit  
sleep  
slide  
smell  
speak  
spend  
split  
spoil  
spring  
stand  
steal  
stick  
sting  
strike  
swear  
sweep  
swim  
swing  
take  
teach  
tear  
tell  
think  
throw  
tread  
wake  
wear  
weave  
weep  
win  
wind  
write  
wet

**Form 3***Past simple*

rode  
rang  
rose  
ran  
sawed  
said  
saw  
sold  
sent  
set  
sewed  
shook  
shone  
shot  
shrank  
shut  
sang  
sank  
sat  
slept  
slid  
smelt  
spoke  
spent  
split  
spoilt, spoiled  
sprang  
stood  
stole  
stuck  
stung  
struck  
swore  
swept  
swam  
swung  
took  
taught  
tore  
told  
thought  
threw  
trod  
woke  
wore  
wove  
wept  
won  
wound  
wrote  
wet

**Form 5***Past participle*

ridden  
rung  
risen  
run  
sawn, sawed  
said  
seen  
sold  
sent  
set  
sown  
shaken  
shone  
shot  
shrunk  
shut  
sung  
sunk  
sat  
slept  
slid  
smelt  
spoken  
spent  
split  
spoilt, spoiled  
sprung  
stood  
stolen  
stuck  
stung  
struck  
sworn  
swept  
swum  
swung  
taken  
taught  
torn  
told  
thought  
thrown  
trodden  
woken  
worn  
woven  
wept  
won  
wound  
written  
wet

# Appendix 2

## Some important phrasal verbs

be afraid of; to be frightened by:

*People have always been afraid of lions.*

ask for; to request:

*Ask him for some money.*

break down: 1 to cry:

*I broke down at my uncle's funeral.*

2 to stop working (of machinery):

*The car broke down outside Harar.*

break in; to get inside a building by damaging a door or window:

*Thieves broke into the house.*

break up; 1 to smash into pieces:

*They are going to break up the old chairs for firewood.*

2 to end or separate (of marriage):

*Adem's marriage broke up after five years.*

3 to stop an activity:

*The police broke up the fight.*

call for; to collect someone:

*The taxi called for my parents to take them to the airport.*

call on; to visit someone:

*Zebida called on me last week.*

carry on; to continue:

*Carry on reading your book.*

check in; to register at a hotel or airport:

*My parents checked in at Addis in time for their flight.*

check out; to leave a hotel and pay the bill:

*My parents checked out of their hotel on Wednesday.*

check up; to make sure that something is correct, or that someone is well:

*Have you checked up on your friend since his illness?*

come across; to find unexpectedly:

*We came across our friend in town.*

come down; to reduce in price:

*The price of shoes has come down in the sale.*

count up; to find the total number:

*Every day the miser would count up his savings.*

cross out; to remove from a list:

*If you make a mistake, cross it out.*

cut back; to reduce expenses:

*He cut back on the money he spent on food.*

cut down; 1 to make smaller:

*The farmer cut down two trees.*

2 to use less of:

*We must try to cut down on the wood we use.*

cut up; to divide into small pieces:

*Martha cut up the banana so Baby could eat it.*

do without; to manage without:

*He did without breakfast.*

draw out; to remove:

*We drew some money out of the bank.*

draw up; to prepare in writing:

*He drew up a report of the meeting.*

fall behind; to drop back or be overtaken:

*The bus fell behind the car.*

fall out; to stop being friends:

*Surur and Tofik have fallen out because they both like Isha.*

feel like; to be in the mood for:

*I feel like playing football.*

fill in; to complete a form:

*My sister is filling in a job application.*

get across; to communicate:

*Some advertisers are very clever at getting their message across.*

get at; to reach:

*Put the food where we can get at it.*

get away with; to escape proper punishment:

*Kedir cheated in his exams, but no one saw him so he got away with it.*

get down; to alight from:

*He got down from / off the bus.*

get in / into; 1 to enter:

*We got in the train.*

2 to become involved in:

*Don't get into trouble!*

get on; 1 to board:

*He got on the bus.*

2 to be good friends:

*Zinet gets on really well with her stepmother.*

3 to succeed or make progress:

*How did Aziz get on in/at his job interview?*

get out of; 1 leave:

*We all got out of the house before the fire burned it down.*

2 avoid:

*We managed to get out of doing homework.*

get over; to recover from an illness:

*It took Mother three weeks to get over the flu.*

get through; to pass a test:

*He got through the driving test.*

give back; to return something:

*That is not your pen. Give it back.*

give out; to distribute:

*The teacher gave out the books.*

give up; to stop doing something:

*The enemy soldiers gave up fighting.*



- go after: to pursue:  
*The police went after the thief.*
- go on: to continue:  
*Your singing is lovely. Do go on.*
- go out: to stop burning:  
*The fire will go out if it rains.*
- hand in: to submit:  
*Hand in your papers at the end of the exam.*
- handout: to distribute:  
*The teacher handed out the exam papers.*
- hang on: to wait:  
*I'm not ready to leave yet. Hang on a minute.*
- hang up: to end a telephone conversation:  
*When I asked if I could borrow his car, he hung up on me.*
- join in: to participate:  
*We all joined in the game.*
- keep on: to continue:  
*Don't keep on complaining.*
- keep up with: to go at the same rate:  
*The dog kept up with the horse.*
- let down: 1 to lower:  
*We let the bucket down the well on a rope.*  
2 to disappoint:  
*If you don't pass your exam, you will let your parents down badly.*
- let in: to permit entry:  
*Please let me in out of the rain.*
- let out: to release:  
*When will they let him out of prison?*
- look after: to care for:  
*Doctors look after their patients.*
- look for: to try to find:  
*Please help me to look for the money I have lost.*
- look out: be watchful or careful:  
*look out! There's a car coming!*
- look up: to try to find:  
*Look up new words in a dictionary.*
- pay back: to return money:  
*Thank you for lending me the money. I shall pay you back next week.*
- pay in: to put money in a bank account:  
*My sister paid her first wages in to her new savings account.*
- pay off: to pay a debt:  
*Silas has finally paid off that loan from his father.*
- pick out: to select something:  
*Pick out something nice in the shop for your birthday.*
- pick up: 1 to lift something:  
*Pick up that bucket by the handle.*  
2 to give a ride:  
*My uncle picked us up in his new car.*
- pull down: to demolish:  
*They pulled down our old house.*
- pull out: to extract:  
*The dentist pulled out one of my teeth.*
- pull up: to stop moving:  
*The car pulled up at the traffic lights.*
- put aside: to save:  
*Each week he put money aside for a new bicycle.*
- put down: to write down:  
*Be sure to put your answers down neatly.*
- put forward: to offer:  
*He put his name forward for chairman.*
- put off: to delay:  
*I am so frightened of the dentist that I keep putting off going, even though my tooth hurts.*
- put in: to submit:  
*The parcel was damaged so he put in a claim to the Post Office.*
- put on: to dress:  
*She put on a new skirt for the dance.*
- put over / across: to explain:  
*The teacher put over / across the lesson very well*
- ring up: to telephone somebody:  
*I must remember to ring Nejat up on her birthday.*
- ring off: to end a telephone call:  
*I must ring off now; it's lunchtime.*
- run away: to escape:  
*The animals have all run away from the zoo.*
- run into: 1 to collide with:  
*I saw the lorry run into the bus.*  
2 to meet:  
*My mother and my aunt ran into each other in the market.*
- run over: to knock down with a vehicle:  
*Poor Henry; he was run over by a car.*
- send for: to order:  
*I'll send for a new copy of this book.*
- set off: to begin a journey:  
*We set off for Addis in the pouring rain.*
- show in: to let somebody in:  
*Show him in to the office.*
- sit for: to take an exam:  
*Jonas sat for a place at university last week.*
- take away: to subtract or remove:  
*Waiter! Take away those dirty plates.*
- take down: 1 to record in writing:  
*The police took down the names of the men in the fight.*  
2 to take to pieces:  
*The builders have taken down the old bridge.*
- take off: 1 (of an aeroplane) to rise from the ground:  
*Our flight took off at three o'clock.*  
2 to remove some clothing:  
*I took off my jacket when I got to work.*
- take over: to take control of something:  
*My father has taken over the manager's job.*
- take up: to begin to study or practise something:  
*Anwar has taken up marathon running.*
- try on: to see how well some clothing fits:  
*That dress you tried on first suits you best.*
- try out: to test:  
*This bike is very fast. Would you like to try it out?*

## Appendix 2

turn off: 1 to stop, or switch off, a machine or device:

*Turn off the tap. You're wasting precious water.*

2 to change direction:

*You turn off at the second crossroads.*

turn on: to start up, or switch on, a machine or device:

*Turn on the television if you would like to watch the football match.*

wear out: to use something until unusable:

*If you always keep those shoes on, you will soon wear them out.*

work out: to find the answer:

*I can't work out the answer to this sum.*

write back: to reply:

*Cecile was so pleased with her pen friend's letter, she wrote back at once.*

write down: to write on paper:

*Write down in your diary what happened.*

write in: to apply for:

*If you want tickets for the concert, you need to write in for them.*

write up: to make a report:

*Write up the results of your experiment.*

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# Appendix 3

## Vocabulary list

### Unit 1 Learning to learn

Brazil, Britain, Canada, China, Ethiopia, France, Ghana, India, Kenya, Mexico, Mozambique, Norway, Oman, activities, alphabetical order, argument, author, border, business, context, dictionary, discussion, effective, file, instruction, international, language, necessary, notebook, notice, obligation, panel, passage, politician, poster, programme, scientist, text, transport, underline, understand, visible

### Unit 2 Places to visit

accessible, accommodation, alpine, camping, caverns, cisterns, compound, culture, customised, diversity, endemic, eucalyptus, facilities, fascinating, founded by, habitat, hominid, hospitality, hot springs, imperial, incredible, infrastructure, isolated, itinerary, lichen, locality, lodge, manuscripts, massif, medieval, monastery, murals, panoramic, questionnaire, recommend, remote, reservoirs, rugged, site, spectacular, stadium, summit, tourist, transport, travel agent, trek, unique, vacation, volcanic

### Unit 3 Hobbies and crafts

activities, batik, casually, chess, choir, clay, crafts, cushions, design, diary, embroidery, explode, glaze, hobbies, impressed, jewellery, karate, kiln, logical, loom, mould, opponent, palettes, papyrus, plaits, pottery, raffia, sisal, statue, stomach, thread, threatening, tie and dye, wall hangings, wax, weapon, weaving

### Unit 4 Food for health

balanced diet, calcium, calories, carbohydrates, cereals, conical, cultivate, dairy, diet, diseases, energy, fat, fibre, fizzy, fruit, meat, minerals, nutrient, nutrition, nutritious, orchard, protective, protein, raw, rinse, scent, vegetables, vitamins

### Unit 5 HIV and AIDS

abstaining, AIDS, ailment, catastrophic, cells, clan, condoms, contaminated, contextualise, denial, diagnosed, differentiated, discrimination, exploit, HIV positive, hygiene, immune system, infection, media, myths, pandemic, predominant, prejudice, prevalence, prevention, proficiency, redundancy, secretions, semen, sex, sheer, sibling, statistics, stigma, sympathy, symptoms, syringe, tattoos, transmitted, unsterilised, utensils, vaginal, virgin, virus, wound

### Unit 6 Media, TV and Radio

accomplishments, advertisements, aerial, article, banned, biased, broadcast, celebrity, channel, charismatic, column, communicate, community, controlled, creative, credit union, current affairs, dedicated, distribution, documentaries, economy, editor, eminence, expand, forecast, headlines, interest, journalist, licensed, limelight, literacy, loan shark, magazines, media, movies, network, newsreader, population, presenter, programme, remote-control, reporter, resisted, satellite-dish, scheduling, script, sovereign, stance, successes, uniformity, unrestricted

### Unit 7 Cities of the future

access, air-conditioning, ambassador, beggars, bio-fuel, buildings, commerce, communication, congestion, density, destination, diarrhoea, disease, diversity, drain, environment, escalator, exhaust, extensive, facilities, fumes, generator, gymnasium, high-rise, located, mains drains, malaria, medieval, mosquitoes, motivation, mounds, pickpockets, pollution, revenue, ring-road, role model, rubbish, sanitation, shopping mall, sky-scraper, slums, solar-powered, stadium, traffic jams, transport, wind turbine

### Unit 8 Money and finance

account, aesthetic, ambitious, application form, assembly, assets, balance, bank account, bank teller, benefits, besieged, cash, cashier, charity, cheque book, commercial banks, commission, commodities, counterfoil, credit, credit card, credit union, currency, current account, customers, debt, deposit account, employment, enrolled, enterprise, entrepreneur, environment, exchange rate, expand, exported, finance, foreign currency, forgery, homonyms, impoverished, insurance, interest, invest, investment bank, lottery, migration, opportunity, payee, paying-in slip, poverty, product, profit, receipt, reserves, resources, rural, salary, service, signature, statement, techniques, textiles, transactions, transported, windfall, withdraw

### Unit 9 People and traditional culture

altars, attain, cactus, carnival, celebrate, cemetery, ceramic, ceremony, colonial, constitute, consume, cuisine, culture, customs, deceased, declare, dervish, dispute, diverse, dough, durbar, emphasise, ethnic, festival, hearth, incense, indigenous, jewellery, masks, myths, palanquin, relations, ritual, sacred, scroll, secular, sequin, skeleton, status, subsistence, sumptuous, symbolise, tradition, waffles

### Unit 10 Newspapers and magazines

advertisements, article, cartoons, classified, column, columnist, contents, correspondence, crossword, editor, editorial, evidence, facts, features, general knowledge, headline, jokes, journal, journalist, magazine, newspaper, opinion, photographer, quizzes, report, reporter, reviews, riddles, spokeswoman, verify, viewpoint

### Unit 11 Endangered animals

antenna, authorities, bat, beak, blind, busy, claw, cunning, curious, destination, dodo, domestic, endangered, extinct, fable, fins, fur, game reserve, gorilla, guinea pig, habitat, hooves, horn, ivory, jaws, jewellery, litter, magical, mule, observe, ornaments, prey, scales, skeleton, strong, stubborn, survive, tawny, timid, tortoise, trunk, tusk, wallowing, warthog, webbed feet, whimpering

### Unit 12 Stigma and discrimination

academic, advocate, amputate, artificial limb, attitude, autistic, benefits, blind, Braille, confused, consequence, controlled, cripple, crutches, deaf, development, diagnosis, difficult, disability, discrimination, economical, extract, facilities, frustration, healthcare, humiliated, inclusive, independent, invalid, isolated, jealousy, landmine, medications, mentor, misconception, mobility aids, objectives, optimistic, organisations, orphan, orphanage, positive, precious, psychological, responsibility, schizophrenia, secrecy, sign language, special needs, status, stigma, uneducated, unnecessary, withdrawal



# Appendix 4

## Listening texts

### UNIT 1 Learning to learn

#### A1.2 Meeting others

My name is Neat and I am 45 years old. I live in the southern part of Ethiopia and I make pots which I sell to tourists.

My name is Ayantu. I live in the capital city, Addis Ababa, and am 32 years old. I am from Asosa and I work as a doctor in the main hospital in Addis Ababa.

My name is Musa. I live in the Somali region and am 28 years old. I am from Werder, where I work in a garage.

My name is Yohannes and I live in Dire Dawa. I am 79 years old and am a respected older member of my community.

### UNIT 2 Places to visit

#### A2.2 Addis Ababa

Addis Ababa was founded by Emperor Menelik II in 1886, in a valley south of Mount Entoto. His wife Tatu built a house for herself near the hot mineral springs, where she and members of the court liked to bathe. Menelik expanded this house to become the Imperial Palace, which remains the seat of government today. Menelik planted numerous eucalyptus trees along the city streets. The town grew rapidly, and recently there has been a construction boom with tall buildings rising in many places.

#### A2.6 Debre Damo monastery

The most interesting part of my holiday was a visit to Debre Damo monastery. After a four hour drive from Axum – plus a further two hours stiff uphill climb from the point where the road ends – lies the spectacular monastery of Debre Damo, situated on an isolated mountain top in one of the wildest parts of Tigray.

Damo is unique and unforgettable although, as with most Ethiopian monasteries, women are not allowed to enter it. Even so, there is a daunting obstacle to the monastery: the only means of access is a climb of 25 metres up a sheer cliff, Monks lower a safety rope which visitors tie around their waist. Then they use a second, thicker rope to climb with. It may be, because of this arduous, dangerous ascent, the art treasures of Debre Damo have remained intact through the monastery's 1,400 tumultuous years of history.

The treasures include an extensive collection of illuminated manuscripts, among them the oldest surviving fragments of texts anywhere in Ethiopia, and intricate carvings on the beams and ceiling of the ancient church around which the monastery is built. There are no murals as such, but a large number of paintings are preserved there, including several that depict the legend of the foundation of Debre Damo by Abuna Aragawi. He is a Saint who is believed to have been lifted onto the cliff top by a giant serpent. Wrapped in its coils, the Saint reached the top safely, dropping his cross on a stone, which is today kissed by all who enter the monastery.

The rock on which Damo stands offers panoramic views over the surrounding countryside and complete seclusion and peace for the hundred or so monks and deacons who live there. Though local people give food and supplies, the monastic community is virtually self-sufficient, growing selected crops and rearing sheep and goats for their milk and meat. The monastery also has its own reservoirs, spectacular caverns hewn deep beneath the surface of the cliff-top centuries ago. It is only possible to explore the full extent of these ancient cisterns during droughts, when they run dry. Usually they are full and coated by a film of green lichen. If you visit them when empty, however, you will find a maze of tunnels and chiselled hollows strikingly reminiscent of the rock-hewn churches of Lalibela.

### Giving directions

#### Exercise 1

- 1 “I’m looking for the stadium. Can you tell me where it is, please?”  
“Yes, of course, it’s not far away in Menelik Road next to the Sports club.”
- 2 “Excuse me. Is the bus station near here?”  
“Yes, it’s on the corner of Haile Selassie Avenue and West Street, about 500 metres from here.”
- 3 “Please can you tell me where the Half Moon Hotel is?”  
“Yes it’s very near here in Frame Street.”  
“Thanks very much.”
- 4 “Would you mind telling me where the post office is, please?”  
“It’s quite near here. It’s in Flame Street, opposite the Technical College.”
- 5 “I need to find a bank, Can you help me please?”  
“No problem. There’s one in Government Road, opposite the Ministry of Education.”

#### Exercise 3

- 1 “Could you tell me the way to the Ministry of Health, please?”  
“Turn left outside the station and go along Haile Selassie Avenue. Take the third turning on the right into West Street. Go straight along and into East Street. It’s on the left.”
- 2 “I’m sorry to trouble you, but can you tell me the way to the Crocodile Café?”  
“Of course. If you’re coming from Acacia Street, it’s on the right hand side, on Patriot’s Road.”
- 3 “Please can you help me? I need to go to Independence High School and I don’t know the way.”  
“Go out of the station and turn left. Take the first turning on the right into Frame Street. Go straight along and into City Way and then Bati Road. The school is on the left, opposite the park.”
- 4 “Please can you direct me to the Palm Tree Restaurant?”  
“Yes, turn left outside the station and go straight along Haile Selassie Avenue. At the crossroads turn right into West street. It’s on the left.”
- 5 “Can you please tell me how to get to the Police Station?”  
“Yes, of course. Come out of the station and turn right. Then take the first turning on the left into Acacia Street. It’s on the left.”

## UNIT 3 Hobbies and crafts

### A3.2 My favourite free-time activity

#### Demissie

I don’t really have any hobbies. During my free time, I usually help my father on the farm. There is always a lot of work to be done on a farm. We grow onions, peppers, squash and cabbages and also have a couple of cows. I help my father prepare the soil for planting, and I make sure there are no weeds among the growing plants. When the crops are ready, we harvest them and take them to the nearest town to sell in the market. We also keep bees on our farm and have half a dozen beehives which produce honey which we also sell in the market. I enjoy looking after the bees as they are very fascinating to watch. But we must be careful when we take away the honey combs from the hives or we could get badly stung! I sometimes play football with my friends in my free time, after I have done my homework.

#### Fanose

I don’t belong to a club but my hobby is cooking. I always loved watching my mother prepare our food when I was a child and she used to give me little things to do like peeling vegetables and cutting them up. Gradually, I learnt how to make things and now I often make meals for the family. My speciality though is cakes. I made a cake once for my cousin’s birthday and a friend of hers who was at the party asked me to make one for her. I now make birthday cakes quite often and I get paid for them! I suppose you could say my hobby not only pays for itself now but in fact it also makes me some money! But I have to buy expensive ingredients and I’ve bought one or two pieces of cooking equipment. So the money I make is not all profit. I also help look after our animals and every morning before school I help milk the cow.

**Ibrahim**

About two years ago our school was given a computer. A few months later one of our teachers, Mr Hailu, started a computer club and I was the first to join! Now I'm on the club committee. Of course, we only have one computer, but we have to take turns. Mr Hailu has taught us some basic things like how to turn it on and off, how to create a document and also how to use the Internet. I now send emails to my cousin in the south of the country. Everyone's favourite thing though is computer games! We aren't allowed to spend much time playing them as that's not what the club is for. Mr Hailu is always showing us something new about what the computer can do and I am very interested. We have to pay a small subscription every month to be in the club, but that's it. I would like to have a computer of my own at home but that would be far too expensive.

**Zebida**

I don't have a proper hobby but the thing I like doing best in my free time is reading. I read anything that I can get hold of! I go to the school library and change my book every week. I love detective stories and romantic stories. I also read books about things like nature. I read the newspaper, too. My sister usually brings one in when she comes home from work. Then I collect magazines as well. I'm not allowed to buy new ones, but when I can, I buy an old one and add it to my collection. My mother is getting annoyed by all the magazines, comics and books in my room; she says I should sell them. But when I have nothing new to read I read some of my old things again, so I don't want to sell them.

**UNIT 4 Food for health****A4.3 Quiz**

- 1 This vegetable is very hot and can burn your mouth if you are not careful!
- 2 The middle part of this is yellow and can grow into a baby chick.
- 3 Mice like to eat this, and it helps to make your bones strong because it contains a lot of calcium.
- 4 These green leaves keep you healthy and are full of iron.
- 5 This fruit has a large stone in the centre and is very juicy!
- 6 Having too much of these white crystals makes your teeth rot!
- 7 Babies love to drink this and it helps keep your bones strong.
- 8 Eating too many of these is not good for your weight or your teeth!
- 9 This green vegetable gives you lots of vitamins.
- 10 Some people say this is a fruit, others that it is a vegetable. It can be green, yellow or red and always tastes delicious, either raw or cooked.

**A4.5 A talk about nutrition****Food and health (Part A)**

It gives me pleasure to be with you today, because this school has a very good reputation for the quality of its education. I need hardly say how important the subject of nutrition is, and how essential a balanced diet is for good health. Are you getting enough of the right kind of food? A person who does not get enough food, or gets food of the wrong kind, will be sick and weak. Now there are three main food types. First of all, I would like to mention protein. Protein provides the body with material for growth and repair. Secondly, there are carbohydrates – carbohydrates provide the body with materials for energy and warmth. Finally, there are vitamins – vitamins give the body health and protection from disease.

**Food and health (Part B)**

Now, our diet in this country is often short of protein. Proteins come from two main sources – animals (milk and meat are examples), and vegetables (for example, beans and groundnuts). Protein is a very important part of a balanced diet. Young people need protein to help them to grow. An expectant mother needs protein to make the baby's body, and later to make the milk to feed the baby. A sick person needs protein for a quick recovery.

To protect our bodies, and to grow healthy, as well as to have enough energy to work and play, we need a balanced diet. We need to eat some foods containing protein, some containing carbohydrates and some containing vitamins, every day. Therefore, a person who wishes to keep well and strong should eat a variety of foods each day.

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As I have already explained, our protein requirements can be obtained from meat and milk. There are a number of other foods valuable for the protein they contain. For example, fish, cheese, beans and nuts are all rich in protein. Generally, we do not lack carbohydrates in our diet. Yam, cassava, bread, rice, potatoes and sugar all provide us with energy-giving food. But we should eat fresh fruit, such as oranges, guavas, bananas and mangoes, as well as fresh vegetables, such as spinach and other green leaves, carrots and pumpkins, if we are to get enough vitamins to protect our bodies from illness. Of course, milk is a good food, because it contains carbohydrates, protein and vitamins.

### B4.3 Dictation

- 1 Beans have many seeds inside. They are full of protein.
- 2 Spinach is a leafy green vegetable. It is full of iron and vitamins.
- 3 Cheese is often soft and crumbly. It is made from goat's milk.
- 4 Mangoes are sweet and juicy. They make very good fruit drinks.
- 5 Peppers can be red or green. They have a very hot flavour.
- 6 Sugar can be made into sweets. They are bad for your teeth

## UNIT 5 HIV and AIDS

### A5.2 Facts about HIV

HIV is a virus and viruses in the body are difficult to kill. When it enters the body it destroys the immune system, which protects our bodies against disease. The virus works slowly and it may be many years before a person carrying it becomes ill. When the person becomes very ill with many diseases, then they have AIDS and will probably die.

The virus is transmitted or passed from person to person through body fluids like blood, semen and vaginal fluid. It is not transmitted through vomit, urine, faeces or pus.

HIV is usually transmitted when two people have sex. That is why it is very important not to have sex with anyone unless both you and that person have had an HIV test. You must be in a strong long-term relationship and you must be certain the other person (and you) is not having sex with anyone else. However, sex is not the only way in which HIV is transmitted from person to person. Using a syringe or a razor that has been recently used by someone with HIV, or being in a road accident with someone with HIV, can put you at risk. Also, some babies born to mothers with HIV may be born with the virus. It is one of the many myths about HIV to think that having sex with a virgin is safe. HIV is not spread by other normal everyday contact with a person such as touching or kissing or sharing cups and plates.

When a person is HIV positive they should not give up hope. To some extent how long they can stay healthy is up to them. By eating well, taking exercise and getting plenty of rest, by getting quick treatment for any illnesses and thinking positively, they may not get AIDS for many years. Making plans and living life to the full are an important part of this. Anti-retroviral drugs can delay AIDS even further. All this means that someone with HIV may have many healthy years.

A person with HIV will sometimes feel depressed. You can help them by being a good friend, by listening and offering support and cheering them up when they need it. You can also help them stick to their healthy lifestyle by eating healthy food with them and doing sports with them. A person with HIV who feels well may want to have sex if they meet someone they like. There are two things to remember: firstly, they may re-infect themselves with the virus and this may mean they get AIDS quickly. Also, they must tell their boy or girlfriend about their HIV. Using condoms can help to prevent the spread of the virus but it is not 100 per cent safe. It is better to abstain from sex if you are HIV positive.

### B5.9 Study skills

#### Exercise 5

Once upon a time a rabbit was walking in a wood and a fox saw him. The fox was hungry and said, "Come here, little rabbit. I want to give you a present." But the rabbit ran away and jumped down a well. The fox could not catch the rabbit, but the rabbit could not get out of the well.

"Oh dear!" said the rabbit. "How can I get out of this well?" Then the rabbit had an idea. She shouted up to the fox, "There's a lot of food down here. Come down and get some, Mrs Fox."



The fox looked down the well and said, “How can I get down there?”  
The rabbit said, “Just jump in the bucket and you’ll get down here all right.”

## UNIT 6 Media, TV and radio

### A6.3 Famous people

- 1 Lulu Gezu, some Internet sources say Lulu, a psychology student at Mekele University, won the title of *Miss World Ethiopia 2009* after stiff competition. The twenty-five contestants were trained in choreography and on the catwalk for only two weeks before the event. Lulu Gezu believes that she prevailed over the other contestants by her confidence and the way she answered questions, in addition to her external beauty.
- 2 Kibnash Tolossa began making a few extra injera when she was preparing food for her family. She sold them from a stall in front of her house near the centre of Adama. A local hotel asked her to make theirs, so she borrowed some money to buy teff and fuel and began to work full-time. Kibnash has been such a success in her work that she is now part-owner of a shopping mall in little under ten years.
- 3 Born in Gondor in 1960, Aster Aweke’s family moved to Addis Ababa where, as a child, she developed a deep love for singing. As a teenager she sang with the Hager Fikir Theatre, then later with various groups. She recorded several albums before going to the USA in 1979, where she settled in Washington and performs in clubs and restaurants for the Ethiopian expat communities. She often returns to Ethiopia, and in 2009 performed in front of a crowd of 10,000 people at the Millennium Hall in Addis Ababa.
- 4 Kenenisa Bekele is the reigning two-time Olympic champion over 10,000 metres and many consider him to be one of the greatest distance runners of all time. Bekele is renowned for his ability to accelerate very quickly at the end of a long distance race. When he won the 3,000 m at the World Indoor Track & Field Championships in Moscow in 2006, he became the first athlete in history to be Olympic champion, world outdoor track champion, world indoor track champion, and world cross country champion. On 18 November 2007, Bekele married Ethiopian film actress Danawit Glegziabher at the Sheraton Addis, in Addis Ababa. About 5,000 guests and celebrities attended the picturesque ceremony at the park near the national palace and the African Union building.
- 5 Making pots is basically women’s work where Tabita Hatuti lives in Shento. She first learned the art as a young girl and is now a skilled potter. Her specialty is making large pots for brewing beer. Twice a week she collects the clay she requires, then working at a remarkable speed, she builds the walls of the pot until she has obtained a near-perfect symmetry. She leaves the pot to dry, then polishes it with a smooth stone. Tabita fires her pots on the morning of the local weekly market. The actual firing last about 45 minutes and takes great skill, but she is often assisted by her husband Busho or one of her five sons.
- 6 Lulseged Retta was born in Addis Ababa in 1952. He attended the Addis Ababa School of Fine Arts and after graduation worked as a stage designer at the Yehager Fiker Theatre. In 1979 he was awarded a scholarship to study art in St Petersburg, Russia. After his return to Ethiopia, he served as a civil servant at the Ministry of Culture and Information as well as the Ethiopian Tourism Commission, where he established a fine reputation as a graphic artist. Lulseged now runs a private studio in Addis Abeba, and has developed a particular interest in mosaics and concern for African motifs. His paintings are noted for their exaggerated, wide-opened eyes which we see everywhere in his work.

### A6.8 A news programme

Good evening viewers. Here is the news read by Jemal Ahmed.

First, the headlines. The popular Ethiopian singer, Tilahun Gessesse, has died at the age of 68. Ethiopia is the latest country to be caught up in ‘Pop Idol’ mania, as hopefuls of all ages audition every week to win the coveted title. The Ethiopian stars Feyisa Lelisa and Atsede Bayisa shine at the Xiamen International Marathon. Fire has broken out in the main market in Addis Ababa. Now for the news in detail ...

It is with regret that we announce the death of Tilahun Gessesse at the age of 68. He had been the country’s most dominant force in Ethiopian music for more than half a century, and will receive a state funeral later this week. Over the years, his plaintive tenor voice sang of love, family and friendship, as well as the more public themes of liberty, unity and justice. He had been in poor health in recent years and was receiving medical treatment abroad. Tilahun passed away when he was being taken to hospital after he felt



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sick on Sunday April 19, 2009. The majority of Tilahun's recordings are in Amharic, though he has recorded a number of songs in Afan Oromo.

Athletics, Ethiopian pair Feyisa Lelisa and Atsede Bayisa claimed men's and women's titles at the Xiamen International Marathon. Teenager Lelisa, in only his second marathon, lowered his personal best to 2 hrs 8 mins 47 secs, while Bayisa clocked 2:28:53.

Ethiopia is the latest country to be caught up in 'Pop Idol' mania, as hopefuls of all ages audition every week to win the coveted title. Of the 2,000 people who registered for Ethiopian Idols, some 600 contestants have made it through to the second round. Contestants are encouraged to highlight Ethiopia's traditions. Organiser Jamal Ahmed says that no one language is favoured over any other in the contest. The winner could be anyone from anywhere in the country – whoever is the most talented, he says. At just 14, Radiet is one of the younger contestants. She says taking part so far has been a positive experience – she overcame her nerves to make it through to the second round. "At first, I was not impressed with the show but then I saw many young people taking part, so I decided to join in," she said. The current round of judging is only just beginning but it will be a long time before the contestants – and thousands of TV fans around the country – know who has been chosen as the winner.

A fire has broken out in the Merkato district. The flames spread rapidly and many shops and kiosks have been destroyed. Fortunately, nobody has died. Thirty firemen are still trying to put out the fire. The Government has expressed its sorrow about the incident and has promised to assist those whose properties have been damaged.

To end the news, here are the main points again: The popular Ethiopian singer Tilahun Gessesse has died at the age of 68. Ethiopia is the latest country to be caught up in 'Pop Idol' mania, as hopefuls of all ages audition every week to win the coveted title. The Ethiopian stars Feyisa Lelisa and Atsede Bayisa shine at the Xiamen International Marathon. Fire has broken out in the main market in Addis Ababa.

Now here is the weather forecast for Addis Ababa. Tonight the skies will be partly cloudy, with a temperature of 10°C. Winds will be East North East at 8 to 16 kilometres per hour. Tomorrow there will be a few clouds from time to time, with a high of 24°C. Winds will be East South East at 8 to 16 kilometres per hour. Later in the week will see clear skies with highs in the mid 20s and lows in the low 10s.

### A radio interview

#### B6.3

**Interviewer:** Good evening, listeners. Welcome to our programme 'Ethiopia talks'. This evening's interview is with a friend and admirer of that great Ethiopian singer, Tilahun Gessesse. What can you tell the listeners about him, Sir?

**Tilahun's friend:** Well, his real name was Dandana Ayano Gudata. He was born on 29th September 1940, and had been interested in music since he was a child.

**Interviewer:** Who encouraged him to take up music?

**Tilahun's friend:** He told me that Mr Shedad, the Principal of Ras Gobena School first encouraged him. Then, when artists from the Hager Fikir Theatre came to the school to perform, he took the opportunity to discuss his interest in music with Ato Eyoel, who said he should go to Addis Ababa if he wanted to pursue a career in music.

**Interviewer:** So what happened next?

**Tilahun's friend:** Tilahun left school and hid in the back of a loaded truck to get to Addis Ababa. He got his first job with the Hager Fikir Theatre, where he soon became a leading star singer.

**Interviewer:** And after that?

**Tilahun's friend:** He moved to the National Theatre, where his singing made him the most popular tenor singer of the age. During the 1970s and 1980s he helped raise large sums of money to aid famine victims. He received an honorary degree from Addis Ababa University in appreciation of his contribution to Ethiopian music, and won a lifetime achievement award from the Ethiopian Fine Art and Mass Media Prize Trust.

**Interviewer:** Yes, we can say that Tilahun was the most dominant figure in Ethiopian music for more than half a century.

- Tilahun's friend:** During his life, he recorded over 400 songs about love, social and national affairs, among other issues. His death on 19 April 2009 was a great shock for all his friends and admirers. He was honoured with a state funeral attended by thousands of his fellow citizens.
- Interviewer:** But he still lives on through his recordings of his unforgettable works. Well, thank you very much for giving us so much of your time, Sir. We must sign off now, but next week we will be looking at the life of another Ethiopian celebrity, so don't forget to tune in at the same time to *'Ethiopia talks'* ...

## UNIT 7 Cities of the future

### A7.3 Facts about New York, London and Hong Kong

**London**, the oldest of the three cities, is situated on the banks of the River Thames. London is the capital of England and the United Kingdom and is Britain's largest and most densely inhabited city. London has an enormous number of different peoples, cultures, and religions living there, and more than 300 languages are spoken within its boundaries. A major settlement for two thousand years, its history goes back to its founding by the Romans, who called it *Londinium*. London's centre, the ancient City of London, known as the *square mile*, retains its medieval boundaries. The *City* is a major centre for international business and commerce. London is a major tourist destination for both domestic and overseas visitors, who enjoy visiting the Tower of London; the historic buildings of Greenwich; St Paul's Cathedral; Westminster Abbey; Buckingham Palace; and Kew Gardens. To celebrate the start of the 21st century, the Millennium Dome and the London Eye were built. London is an important city because the Government of the United Kingdom is located in the Houses of Parliament. London's buildings do not follow any particular architectural style, having been built over a long period of time. With a system serving 270 stations, the London Underground is commonly referred to as The Tube. Dating from 1863, it is one of the oldest, longest, and most widely spread out of underground railway networks in the world.

**New York City** is situated on a large natural harbour on the Atlantic coast. It is geographically the largest city and most densely inhabited in the United States. New York City is famous as a financial, cultural, transportation, and manufacturing centre. As host of the United Nations headquarters, it is also an important centre for international affairs. The buildings most closely associated with New York City are its skyscrapers. As of August 2008, New York City has 5,538 high-rise buildings, with 50 skyscrapers taller than 200 metres, including one of the tallest buildings in the world, the Empire State Building. This is more than any other city in United States, and second in the world behind Hong Kong. Many districts and landmarks in the city have become well-known to outsiders. The Statue of Liberty, unveiled on October 28, 1886, has greeted millions of immigrants as they came to America in the late 19th and early 20th centuries. Wall Street, in Lower Manhattan, has been an important global financial centre since World War II. New York is notable among American cities for its high use of mass transportation, most of which runs 24 hours a day, and for the overall density and diversity of its population. In 2005, nearly 170 languages were spoken in the city and 36 per cent of its population was born outside the United States. Sometimes referred to as *The City that Never Sleeps*, the city has also been nicknamed the *Capital of the World*, and the *Big Apple*.

**Hong Kong**, in southern China, consists of Hong Kong Island, the Kowloon Peninsula, the New Territories, and over 200 offshore islands, of which the largest is Lantau Island. Hong Kong's population is 95 per cent ethnic Chinese and 5 per cent from other groups. It is frequently described as a place where *East meets West*, reflecting the mix of the territory's Chinese roots with the culture brought to it when it was a British colony. As much of Hong Kong is hilly to mountainous, less than 25 per cent of its area is built over, with about 40 per cent of the remaining land area reserved as country parks and nature reserves. Hong Kong's long, irregular coastline provides it with many bays, rivers and beaches. Most of the urban development is on Kowloon Peninsula, along the northern edge of Hong Kong Island, and in the New Territories. The high density and tall skyline of Hong Kong's urban area is due to a lack of available space, with the average distance from the harbour front to the steep hills of Hong Kong Island only 1.3 kilometres, much of it reclaimed land. This lack of space caused a demand for dense, high-rise offices and housing, and has resulted in 7,650 skyscrapers.

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More people live or work above the 14th floor than anywhere else on Earth, making it the world's most vertical city and a centre for modern architecture. Hong Kong has a highly developed transportation network, with over 90 per cent of daily travels (11 million) on public transport. The Star Ferry service operates four lines across Victoria Harbour while Hong Kong Island's hilly terrain has some unusual ways of getting up and down the steep slopes. It was at first served by sedan chair, then, since 1888, the Peak Tram provided a vertical rail transport between Central and Victoria Peak. In the Central and Western district, there is an extensive system of escalators and moving pavements, including the Mid-Levels escalator, the longest outdoor covered escalator system in the world.

### B7.2 Living in Addis Ababa

My name is Abebe and I live in Addis Ababa. Addis is the largest city in Ethiopia, with a population of around 3 million. It is often called *the capital of Africa*, because of its historical, diplomatic and political importance for the continent. Many people from different regions of Ethiopia live in the city, which has recently had a construction boom with tall buildings rising up everywhere. There are more educated, middle class people living in Addis now than at any other time. The architecture is as varied as the city itself. Tall office buildings, elegant villas, functional bungalows, flats, fashionable hotels, conference halls, shopping malls and theatres, many of which have gleaming marble and metal clad walls, catch your attention. These modern buildings contrast with the traditional homes of wattle and daub, roofed with corrugated iron patched with plastic bags and surrounded by cattle, sheep, goats, and chickens, which are set outside the compound walls of the larger buildings. The city is not divided into rich and poor neighbourhoods; over half of the population of Addis lives in slums. Beggars set up a regular pitch outside churches and on street corners, but traffic lights are prized as prime spots from which to make enough money to feed their children. Daily life in Addis begins before dawn. Each morning, the smoke of cooking fires finds its way through the many gaps in the roofs. By night, the sounds of families going early to bed gives way to the howling and barking of dogs across the city, driven to distraction by the hyenas coming down from the mountain to scavenge under cover of dark.

## UNIT 8 Money and finance

### A8.2 The importance of money

Money is important in many ways. It can help relieve the suffering that comes with poverty, and prevent cold and hunger. It can help relieve sickness and ill health, and can provide us with the satisfaction of helping other less fortunate people. With money we can get a better education that will help us get a good job and live in a comfortable home. Having enough money also gives us more time to spare for sport, culture and art.

But how do we acquire money? Some people may have inherited money from their parents, but they still need to work hard to make sure that they do their best to improve the fortunes of their families and nation. Everyone should try to increase his or her wealth by getting a job and earning money. Some people may spend their earnings on their daily needs. Others will save their money to pass on to their children, while some prefer to give their money to charity. Whatever their reasons, everyone who is able to earn money should also learn how to manage it properly, so that they have the freedom to choose what they want to with it.

### B8.1 A famous Ethiopian entrepreneur

**Interviewer:** Good evening, listeners. I would like to introduce you this evening to a 30-year-old Ethiopian entrepreneur, Bethlehem Tilahun Alemu. Can you tell me Alemu what gave you the idea to set up the 'SoleRebels' factory?

**Alemu:** Well, recycling is a way of life here – you don't throw away things you can use again and again. I was trying to think of an Ethiopian product that could become a useful business, when I remembered that the tradition in Ethiopia has been for everyone, from farmers to guerrilla fighters, to turn worn-out rubber truck tyres into cheap, long-lasting footwear. By adding cotton and leather uppers to recycled tyre soles, I have sold many thousands of pairs of handmade flip flops, sandals, shoes and trainers to foreign customers.

**Interviewer:** How did you start your business?

**Alemu:** By following international shoe fashion trends on the web, I designed a range of footwear. Nearly all the materials are locally sourced. I found a supplier who could deliver old truck tyres and tubes, and



hired women to spin, weave and dye pieces of locally-grown cotton, jute and hemp, using skills passed on through generations.

**Interviewer:** Did your family help with your business?

**Alemu:** My brother packed pairs of cotton and suede trainers into boxes to be sent to US customers. Shops there agreed to stock the shoes, which were imported duty-free. As word spread, individual customers began to buy directly from the SoleRebels website.

**Interviewer:** As a former accountant, you have been remarkably successful in this enterprise. Have you received any financial support?

**Alemu:** I had no outside support other than a government line of credit to help meet large orders. But it was a struggle at first to compete with cheap Chinese imports. SoleRebels negotiates directly with retailers, and we ensure that most of the final sales price remains in Ethiopia. As a result, I can pay my staff good wages by local standards. In turn, the government earns more taxes, helping to encourage more development.

**Interviewer:** How is the company doing today?

**Alemu:** Just five years after start-up, SoleRebels employs 45 full-time staff who can produce up to 500 pairs of shoes a day. More will be hired after next month once the footwear range goes on sale online in the UK and Japan.

**Interviewer:** Do you only market your products abroad?

**Alemu:** SoleRebels decided to concentrate on the export market, where I reasoned customers would pay good money for uniquely designed products. Workers at the SoleRebels 'factory' – a small house on the outskirts of Addis Ababa – frantically cut, sew and glue sandals to fulfil Internet purchases from customers as far away as Canada and Australia.

**Interviewer:** What about the future?

**Alemu:** Our success has enabled SoleRebels to begin construction of a solar-powered factory near the current workshop, to allow for expanded production. People buy SoleRebels because they are good, not just because they are from Ethiopia. Our product speaks for itself.

## UNIT 9 People and traditional culture

### A9.2 Traditional dances around the world

**Juanita:** I come from Spain where we are very fond of dancing. Our traditional dance is called the flamenco. In this dance the woman and the man have wooden castanets on their fingers which they click to the rhythm of the dance. The woman wears a gorgeous dress with a full skirt and many frills, while the man wears a traditional black costume. On their feet they wear special shoes which make a tapping rhythm as they dance to the music of the guitar.

**Katarin:** I live in Brittany which is in the far west of France. Breton people have their own languages and culture. In our traditional dances, men and women dance in a circle with their little fingers linked together. Each town in Brittany has its own costume. Sometimes the girls wear multi-coloured striped skirts, or skirts with rich embroidery, others wear aprons trimmed with lace. On their heads they wear caps of hand-made lace, some of which can be quite tall, while men wear a costume of black or blue, often with a straw hat called a boater.

**Masao:** I come from the Masai people of Kenya. We have many traditional dances, for example to celebrate when a lion is killed by the warriors, for the blessing of cattle, and dances performed at wedding ceremonies. Most Masai dances are pretty simple, but the best known is usually called the 'jumping dance'. It is performed by the men of the village wearing red cloaks, who leap into the air to show their strength and stamina as warriors. Each young man will jump as high as he can while the others stand in a circle and sing. The voices of the men get higher as the jumping increases. The beads that both the men and women wear create a jingling sound while the Masai jump and dance.

**Jemal:** In Ethiopia we also have many traditional dances. Possibly the best-known Ethiopian dance is the 'eskista', as performed by the Amhara and Tigray people of the Ethiopian Highlands. The dance involves rapid movements of shoulders, neck and head, and is unlike any other African dancing in sub-Saharan Africa. During the three-day annual Festival of a Thousand Stars, which takes place in

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December at Arba Minch, tribal groups from Southern Ethiopia, many from remote areas, perform their traditional songs and dances. The millennium Festival of a Thousand Stars involved over 1,000 performers representing more than 56 ethno-linguistic groups from all over the south of Ethiopia. People such as the Kafacho (performers from the Kaffa region of south west Ethiopia), the Konso, the Wolaita, the Aari, and the Dawuro dancers entertained the crowds with their dancing.

**Dalaja:** In my country, India, we have many different dances, from folk dances to classical Indian dances performed at religious festivals. Folk dances celebrate the arrival of the seasons, the birth of a child, a wedding and festivals. The dances, although very simple with a minimum of steps or movement, are full of energy and vitality. Some dances are performed separately by men and women while in some, men and women dance together. On most occasions, the dancers sing themselves, accompanied by musicians with instruments. Each form of folk dance has a special costume and rhythm. Most of the costumes worn for folk dances are very colourful with many jewels and different designs.

**Ian:** I come from Scotland, where the Highland Sword Dance is a part of our culture and tradition. Popular legends say kings and heroic warriors danced a Highland Sword Dance before a great battle. Dancers executed precise, complicated steps over and between two crossed swords. When the dance went right, a combat was victorious, but when the dancer kicked a sword, it was a bad omen – the chief of the clan would expect to lose the battle. The dancers wear the traditional Highland dress of a pleated tartan skirt called a kilt, tartan stockings, a waistcoat and a white shirt and dance to the music of the bagpipes.

## UNIT 10 Newspapers and magazines

### A10.2 A news story

At 5.30 this morning, the owner of the Central Jeweller's shop telephoned the police. He said that thieves had broken into his shop and that they had stolen 40 watches.

Inspector Abeba and two policemen went to the shop to see what had happened. When they arrived, they found glass all over the pavement. The owner and his night watchman met them outside the shop. Inspector Abeba took out her notebook and asked the night watchman what had happened.

The night watchman said that he was sitting in his room at the back of the shop when, at about four o'clock this morning, he heard the sound of breaking glass. He tried to switch on the lights, but somebody had turned off the electricity at the main switch, so he picked up his stick and went out into the shop. Somebody grabbed him from behind and put a cloth over his mouth and he subsequently fainted. He thought the cloth was probably soaked in drugs. When he recovered, he saw that the thieves had broken the glass and had opened the shop door. He thought that after this they had come into the shop and turned off the electricity. Then they had drugged him, broke into the cupboards and stole a lot of watches. When he felt better, he had telephoned the owner of the shop and told him what had happened.

Inspector Abeba asked the owner of the shop what he had done. The owner replied that he came as quickly as possible and saw what had happened. The thieves had only stolen the expensive watches. They had left the cheap ones. Then he telephoned the police.

The inspector then turned to the night watchman and asked him to show her the main switch. The night watchman said that the switch was in his room at the back. But Inspector Abeba did not follow the night watchman into the back room. Instead, she turned to the other policemen and told them to arrest the night watchman, who was the thief. He had stolen the watches. One of the policemen put some handcuffs on the offender, and he was taken to the police station.

## UNIT 11 Endangered animals

### A11.3 Which animal is being described?

- 1 It has got four legs. It is large. It has got four stomachs. It usually eats grass. It is very useful to humans.
- 2 It is long and thin. It has got scales. It hasn't got legs. It has got a long thin tongue. Some are poisonous.
- 3 It is a very big bird with a large beak. It flies very high in the sky looking for something to eat. It eats dead animals. It is often seen in groups.



- 4 It is a big, green insect. It has got very long back legs, and wings which it rubs together to make a loud noise.
- 5 It is a very large, grey animal with a trunk. The females live in groups. It lives to a very old age. It eats leaves and grass. It likes bathing in rivers and waterholes.

### **B11.1 How the elephant got its trunk**

A long time ago, elephants had no trunks. Mother Elephant warned her child never to go near the river because that was where Crocodile lived. For a long time Baby Elephant obeyed his mother and stayed away from the river. However, one day he was very thirsty and he decided to go to the river for a drink. While he was drinking, the Crocodile swam silently up to him and grabbed Baby Elephant's nose with his teeth. Baby Elephant screamed and tried to pull his nose free. Both animals pulled as hard as they could, and Baby Elephant's nose grew longer and longer. At last Baby Elephant pulled his nose free, but it was now a very long trunk. From that day to this, elephants have a long trunk instead of a nose.

## **UNIT 12 Stigma and discrimination**

### **A12.2 An orphan's story**

Birtukan says that Ethiopia is still haunted by the famine of 1984-85. "Both the good and bad parts of my life are the direct consequences of the famine," she says. "In my village, there were children with swollen stomachs and people deranged with hunger. Everyone was dying, so my parents left with my two older sisters to search for food and water. But they died of malnutrition in a resettlement camp. A few weeks later, I was run over by a car. It was days before I could get to see a doctor. When I finally did, my leg was so infected, it had to be amputated. So I lost my leg and my family, but still, I was one of the lucky ones. I was picked up and taken to a local orphanage by an aid worker. I used to cry with jealousy and frustration when other children were adopted from the orphanage and wonder why I was never chosen. But the carers at the orphanage taught me to believe in myself. They funded me through school, where I excelled academically, and they provided ongoing financial support so I could train for a profession. I have a prosthetic limb, but I'm alive." Today, proud and independent, Birtukan speaks without a shred of self-pity, and is optimistic about the future. "I work for the government's education division and now have a boyfriend who loves me as I am. It makes me so proud to be able to support myself financially. I could never have imagined things would work out so well."

### **A12.8 Chala's story**

Chala Roba, 13, had been crawling on his hands and knees since contracting polio in early childhood. He had never been to school or played with other children. Remembering his childhood he says, "When I tried to play with my neighbours' children their parents forbade them to play with me, thinking that my disability was contagious. After some time I was hidden in a room at home to keep my parents' dignity and to prevent my disability from spreading to others.

"Fortunately, my parents heard the Cheshire outreach team was nearby and took me there. They told me my legs could be corrected. I didn't trust them but I was happy to be taken to the Menagesha Home. It is not overstated to call it living in paradise. I saw the children performing drama, presenting poems and dancing in front of the staff. I was surprised at their confidence but eventually I developed the same courage."

Chala has gone through all processes of rehabilitation and has been given walking appliances. He was being provided with gait training during the interview. He was eager to return home and start formal education.

"The staff taught me to read and write. Now I am excited to be going back to my community and to show them all the miracles Cheshire brought to my life. Hopefully all will put their hands to their mouths, being so surprised. I no longer discriminate myself and never allow others to deny my rights. I will teach other people that I don't deserve pity but respect."

### **B12.1 An interview with Tesfahun Hailu**

#### **How old were you when you lost your leg?**

I lost my leg when I was thirteen years old – six years ago. I was playing with a landmine that my friends and I had found. I was curious. I heard some rattling and wanted to see what was inside. When I tried to open it, it exploded.

#### **How much do you remember?**

I remember it very clearly. Surprisingly, I didn't feel any pain, probably because the nerves in my leg were burned. I mostly felt shock because it happened so fast and I didn't expect it.

#### **Where do you live?**

I live in a small village and it took a while to get treatment. We first had to see the police, to report the accident. When we reached the hospital, 25 minutes away, they told me I couldn't be treated there. I had to go to another hospital that could help me.

#### **What did you do before the accident?**

My mother died when I was five years old so I was always working, doing odd jobs like shoe shining. After the accident I wondered how I could continue to work.

#### **Is it difficult walking with an artificial leg?**

I was so eager to walk. When the limb-fitting centre gave me my first artificial leg, I started running and the thing broke! But it wasn't difficult to learn how to walk with an artificial leg. I could do it immediately, even though the first one was heavy and not very comfortable.

#### **How often do you have to replace the artificial limb?**

I have had to get a new leg every six months. There have been seven so far, because I've grown so quickly. I'm one metre ninety now, but I don't think I will need to replace it so often because I've stopped growing.

#### **What advice can you give other people in a similar situation?**

First, people need to learn about the dangers of landmines. Both parents and children must know what can happen if they hold or play with one. If they are injured like me, they need to accept that they are disabled and not let it defeat them.

#### **Do you think disabled people should be pitied?**

A lot of disabled people sit at home and feel useless because society doesn't give them a chance. But if they are given a chance they can really lead full and active lives. They must exercise and practise using their artificial limbs so they can be independent.

#### **What about the future?**

Even with a disability, you can do almost everything, but it does take hard work. Me, I plan to go to university to study to become a doctor. In the village where I live, there is only one doctor for 6,000 people. We need more doctors.



